

Cigna
900 Cottage Grove Road
Bloomfield, CT 06002



December 13, 2024

**Re: Administrative policy update — Preventive care services
effective March 17, 2025**

We routinely review our coverage, reimbursement, and administrative policies for potential updates. In that review, we take into consideration one or more of the following: evidence-based medicine, professional society recommendations, Centers for Medicare & Medicaid Services guidance, industry standards, and our other existing policies.

As a result of a recent review, and in accordance with Affordable Care Act guidelines, coverage for certain services billed as preventive will be subject to criteria including age, frequency, and diagnosis codes submitted. Based on these factors, we may determine that related claims are not reimbursable, or claims may be reimbursed with the appropriate cost share under the medical benefit.

This update applies to certain claims billed as preventive care for abdominal aortic aneurysm, cervical cancer, colorectal cancer, human papilloma virus, osteoporosis, and lung cancer screenings. We will update the Preventive Care Services (A004) administrative policy to reflect this change.

Denials will affect the claim line only. This update is effective for dates of service on or after March 17, 2025.

Additional information

For more information about ACA guidelines, visit [HealthCare.gov](https://www.healthcare.gov) > See Topics > Health benefits & coverage > Preventive services.

For more information about our policy updates, visit the Cigna for Health Care Professionals website (CignaforHCP.com) > Resources > Coverage Policies > Policy Updates.

If you are not a registered user, please register so that you may log in and access all of our coverage, reimbursement, and administrative policies. To register, go to CignaforHCP.com and click Register. If you do not have Internet access or would like additional information, call Cigna Healthcare Provider Service at **800.88Cigna (882.4462)**.

Thank you for the care you provide to our customers.

Sincerely,

A handwritten signature in black ink, appearing to read "Michelle Gabbert".

Michelle Gabbert, DO
Senior Medical Director for Medical Coverage Policy and Preventive Services
Institute of Clinical Oversight and Guidance

At a glance

- Coverage for certain services billed as preventive will be subject to criteria including age, frequency, and diagnosis codes submitted.
- We may determine that related claims are not reimbursable, or claims may be reimbursed with the appropriate cost share under the medical benefit.
- This update is effective for dates of service on or after March 17, 2025.
- For additional information, call Cigna Healthcare Provider Service at **800.88Cigna (882.4462)**.